KMG General Instructor Course (GIC) – Japan 2027

Frequently Asked Questions

Introduction

KMG Japan is planning to organize the first part of the General Instructor Course (GIC) in Japan during Golden Week 2027.

This document is intended to help interested students understand the course, its objectives, the certification process, and what participation involves.

The purpose is not to persuade anyone to become an instructor, but to provide enough information for each person to decide whether this training corresponds to their interests, abilities, and personal goals.

1. Understanding the GIC

Q1. What is the General Instructor Course (GIC)?

The General Instructor Course is Krav Maga Global's official training and certification program for people who want to become qualified KMG instructors.

The program develops two complementary areas:

- **Technical knowledge:** Understanding Krav Maga techniques, tactics, principles, and their practical applications.
- **Teaching ability:** Learning how to explain, demonstrate, organize, and teach Krav Maga effectively and safely.

Being a good Krav Maga practitioner and being a good Krav Maga instructor are not necessarily the same thing. The GIC is designed to help participants develop both sets of skills.

Q2. How is the GIC organized?

The complete GIC consists of three progressive levels, representing a total of 19 days of in-person training.

Course	Duration	Qualification after successful completion
GIC Part 1	5 days	Level 1 Assistant Instructor
GIC Part 2	7 days	Level 2 Instructor
GIC Part 3	7 days	Full GIC Instructor (Level 3)

Each level builds on the previous one. Participants must complete them in the correct order: Part 1, followed by Part 2, and finally Part 3.

Q3. What can I do after completing each level?

After GIC Part 1: You may assist with and teach beginner-level KMG classes, covering the P1 curriculum, within an established KMG school and within the scope of your certification.

After GIC Part 2: You become a Level 2 Instructor and may teach students up to the P3 curriculum, within the applicable KMG authorization.

After GIC Part 3: You obtain full GIC Instructor certification and the Graduate 1 (G1) grade. This provides broader teaching authorization and the possibility of developing your own KMG classes or school, subject to KMG's affiliation requirements.

Certification at each level requires successful assessment. Attendance alone does not guarantee certification.

Q4. Do I have to complete all three parts?

No. You can choose to participate in Part 1 without immediately committing to Parts 2 and 3.

If you later decide to continue, you can progress through the remaining levels.

There is no need to decide now whether you eventually want to become a fully certified instructor.

Q5. Must I complete the three parts consecutively?

No. The three parts do not have to be completed in the same year or within a limited time.

You can take time between levels according to your availability and personal circumstances.

According to the information provided for our planned course, completed levels do not expire. This point will be reconfirmed with KMG headquarters.

2. What Will I Learn?

Q6. What will I learn during the GIC?

The training is expected to include:

- Understanding and improving fundamental Krav Maga techniques and principles.
- Learning how to demonstrate and explain techniques clearly.
- Understanding the KMG teaching methodology.

- Structuring a lesson and organizing training exercises.
- Identifying and correcting common mistakes.
- Managing training partners and groups safely.
- Developing communication and presentation skills.
- Practicing teaching through short instructional exercises.

The exact curriculum and assessment requirements will be confirmed before the course.

Q7. How is GIC training different from regular Krav Maga classes?

In regular classes, your primary objective is to improve your ability to defend yourself.

During the GIC, you must also learn to understand and explain what you are doing.

For example, rather than simply performing a defense correctly, you may need to explain:

- Why this particular defense is appropriate.
- What principles make it effective.
- What common mistakes students might make.
- How to help a beginner learn the technique.
- How to practice it progressively and safely.

This requires a different approach to training and a deeper understanding of the system.

Q8. Is the course mainly physical or theoretical?

Both.

The GIC includes intensive practical training, but it also includes theoretical education, teaching exercises, and individual study.

Participants should expect physically demanding days combined with periods requiring concentration, observation, communication, and analysis.

KMG also provides online educational resources and a written instructor manual.

3. Why Consider Participating?

Q9. What can I gain from the GIC if I am not sure I want to teach?

The GIC may offer several benefits beyond instructor certification.

A deeper understanding of Krav Maga

You will explore techniques and principles from a different perspective, including why they work and how they should be taught.

Improved technical precision

Learning to demonstrate and explain techniques can help you identify weaknesses and improve your own performance.

Better communication skills

Teaching requires clear explanations, patience, observation, and the ability to adapt to different people.

Personal development

The course provides opportunities to challenge yourself physically and mentally, develop confidence, and take on new responsibilities.

A new perspective on your training

You may discover that helping others learn is something you enjoy. Alternatively, you may decide that you prefer to remain a dedicated practitioner. Both are perfectly valid outcomes.

Q10. What are the benefits of becoming a KMG instructor?

Becoming an instructor gives you the opportunity to share practical self-defense knowledge with other people.

It also involves developing the ability to help students improve their confidence, awareness, technical skills, and ability to respond to threatening situations.

Teaching can become a rewarding activity, whether you eventually choose to do it occasionally, part-time, or professionally.

However, instructor certification also brings responsibilities. An instructor must continue learning, maintain technical standards, prioritize student safety, and act professionally.

Q11. Will the GIC automatically make me a better Krav Maga practitioner?

The course can provide valuable opportunities to improve.

Much will depend on your preparation, participation, attitude, and continued training afterward.

The GIC is an intensive learning experience, not a shortcut to technical mastery.

4. Requirements and Expectations

Q12. Who can participate in the GIC?

The eligibility requirements include:

- Being at least 21 years old.
- Having no criminal record.
- Having at least four years of martial arts experience or holding at least KMG Practitioner 3 (P3).
- Successfully completing a screening interview.

Admission is subject to approval. Individual eligibility should be checked before registration.

Q13. Do I need previous teaching experience?

No previous teaching experience is specifically listed among the current general KMG entry requirements.

The GIC is designed to develop teaching skills, including for people who have never formally instructed a class.

However, participants should be willing to speak in front of others, demonstrate techniques, accept feedback, and practice teaching.

Q14. How physically demanding is the course?

Participants should expect several consecutive days of intensive training.

A typical training day is expected to run approximately from 9:00 AM until 5:00 or 6:00 PM, although some days may finish later.

Good physical preparation, adequate recovery, and the ability to maintain concentration over several days will be important.

Q15. Is there an examination?

Yes. The GIC includes assessments of the competencies required at each stage.

These may include technical performance, understanding of principles, teaching ability, and physical preparation.

Participants must meet the required standards to obtain certification. Simply attending the course does not guarantee passing.

5. Practical Information – Japan 2027

Q16. When will GIC Part 1 take place?

We are planning to organize Part 1 during Golden Week 2027, most likely from May 1 to May 5.

Q17. How much does the course cost?

The proposed fees are:

Course	Fee
GIC Part 1 – 5 days	€650
GIC Part 2 – 7 days	€875
GIC Part 3 – 7 days	€875
Total for all three parts	**€2,400**

Participants do not need to pay for all three parts at once. Payment arrangements and any additional costs will be confirmed before registration.

Q18. Will Parts 2 and 3 also be organized in Japan?

Our initial objective is to organize Part 1 successfully in Japan.

We plan to organize Part 2 in 2028 and Part 3 in 2029. However, these plans will depend on future arrangements, including sufficient participation and instructor availability.

No exact dates have been confirmed for these subsequent courses.

Q19. In what language will the course be taught?

The course will be taught in both Japanese and English.

Q20. What happens if I decide not to continue after Part 1?

You can simply continue your regular Krav Maga training.

Completing Part 1 does not oblige you to register for Part 2, become a professional instructor, or take on teaching responsibilities.

The knowledge and experience gained during the course can remain valuable regardless of your future decisions.

6. Making Your Decision

Q21. How do I know whether the GIC is right for me?

You may want to consider the following questions:

- Am I interested in understanding Krav Maga beyond my current practitioner level?
- Would I enjoy learning how to explain techniques and help other people improve?
- Am I prepared for five days of intensive physical and mental training?
- Can I commit the necessary time and financial resources?
- Am I comfortable receiving constructive feedback and being assessed?
- Am I interested in exploring the possibility of teaching Krav Maga in the future?

You do not need to be certain that you want to become an instructor.

However, you should have a genuine interest in learning the teaching side of Krav Maga and be prepared to participate fully in the course.

Final Message

The General Instructor Course is an opportunity to explore Krav Maga from a different perspective.

Some participants may have a clear ambition to become instructors. Others may be interested primarily in developing their knowledge and discovering whether teaching is something they would like to pursue.

Both motivations can be valid, provided participants understand the nature and expectations of the program.

Our objective at KMG Japan is to give you the information you need to make your own decision.

If you have questions about the course, its requirements, or whether it is appropriate for you, please feel free to contact Gilles directly.